

SHS CYCLE MENU December 2017

				12/1
				<u>LUNCH</u> Bacon Or Cheese Pizza Tossed Salad & Fruit
12/4	12/5	12/6	12/7	12/8
<u>LUNCH</u> Hamburger/Cheeseburger on a whole Wheat Roll, Baked Potato Chips, & Fruit	<u>LUNCH</u> Popcorn Chicken Vegetable Fried Rice, & Fruit	<u>LUNCH</u> Upside Down Day Scrambled Eggs W/ Diced Ham, Pancakes, Tatar Tots, Syrup & Fruit	<u>LUNCH</u> Meatball Grinders, Texas Crisper Potatoes, Veggies & Fruit	<u>LUNCH</u> Cheese Whole Wheat Pizza, Tossed Salad & Fruit
12/11	12/12	12/13	12/14	12/15
<u>LUNCH</u> All Beef Hot Dog on a Whole Wheat Roll , Chicken Noodle Soup, Goldfish Crackers, Celery Sticks & Fruit	<u>LUNCH</u> Chicken Tenders, Mashed Potatoes W/WO Gravy, Veggie & Fruit	<u>LUNCH</u> Nachos, Tortilla Chips W/Seasoned Beef, Lettuce, Tomatoes, Cheese Sauce, Salsa, Sour Cream & Fruit	<u>LUNCH</u> Pasta Alfredo, Bread Sticks, Veggie, & Fruit	<u>LUNCH</u> Egg, Cheese, Turkey Breakfast Sausage on a Bagel, Baby Cake Potatoes & Fruit
12/18	12/19	12/20	12/21	12/22
<u>LUNCH</u> Grilled Cheese Sandwich, Tomato Soup, Goldfish Crackers, Veggie & Fruit	<u>LUNCH</u> Chicken Nuggets, Rice Pilaf, Tossed Salad & Fruit	<u>LUNCH</u> Upside Down Day French Toast Sticks, Breakfast Sausage, Syrup, Baby Cake Potatoes & Fruit	<u>LUNCH</u> All Beef Hot Dog on a Whole Wheat Roll. Baked Potato Chips, House Salad & Fruit	MERRY CHRISTMAS <u>NO SCHOOL</u>
12/25	12/26	12/27	12/28	12/29
<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>
BREAKFAST ALTERNATE: Cold Cereal				
LUNCH ALTERNATE: #1 Peanut Butter & Jelly, #2 Hot Dog, #3 Grilled Cheese, #4 House Salad				

note 1: Fresh fruit and other snacks are available every day at the snack counter.
 note 2: 1% milk is available and is payable by separate check.