

SHS CYCLE MENU December 2018

12/3	12/4	12/5	12/6	12/7
<u>Middle School Field Trip</u> LUNCH Hamburger/Cheeseburger on a whole Wheat Roll, Baked Potato Chips, & Fruit	LUNCH Chicken Nuggets, Rice Pilaf, Veggie & Fruit	LUNCH Upside Down Day Chocolate Chips Pancakes, Ham Slices, Baby Cake Potatoes, Syrup & Fruit	LUNCH <u>NO SCHOOL</u>	LUNCH Cheese or Bacon Pizza, Tossed Salad, Fruit & Chocolate Chip Cookies
12/10	12/11	12/12	12/13	12/14
LUNCH All Beef Hot Dog on a Whole Wheat Roll, Chicken Noodle Soup, Goldfish Crackers, & Fruit	LUNCH Popcorn Chicken Smiley Faced Potatoes, Veggie & Fruit	LUNCH Nachos, Tortilla Chips W/Seasoned Beef, Lettuce, Tomatoes, Cheese Sauce, Salsa, Sour Cream & Fruit	LUNCH Pasta Alfredo, W/WO Sauce, Tossed Salad, Bread Stick & Fruit	<u>8th Grade Field Trip</u> LUNCH UpSide Down Day Bacon, Egg & Cheese on a Bagel, Baby Cake Potatoes, Cinnamon Roll & Fruit
12/17	12/18	12/19	12/20	12/21
LUNCH Grilled Cheese Sandwich, Tomato Soup, Goldfish Crackers, Veggie & Fruit	LUNCH Chicken Tenders, Mashed Potatoes W/WO Gravy, Veggie & Fruit	LUNCH Meatballs & Spaghetti W/WO Sauce, Bread Sticks & Fruit	LUNCH Upside Down Day French Toast Sticks, Breakfast Link Sausage, Syrup, Baby Cake Potatoes & Fruit	LUNCH <u>NO SCHOOL</u>
12/24	12/25	12/26	12/27	12/28
<u>NO SCHOOL</u>	<u>MERRY CHRISTMAS</u>	<u>NOSCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>
	<u>NO SCHOOL</u>			
12/31				
<u>NO SCHOOL</u>				
REAKFAST ALTERNATE: Cold Cereal				
UNCH ALTERNATE: #1 Peanut Butter & Jelly, #2 Hot Dog, #3 Grilled Cheese, #4 House Salad				

ote 1: Fresh fruit and other snacks are available every day at the snack counter.
 ote 2: 1% milk is available and is payable by separate check.