

SHS CYCLE MENU FEB 2018

			2/1	2/2
			<u>LUNCH</u> Pasta Alfredo, Bread Sticks, House Salad & Fruit	<u>LUNCH</u> Whole Wheat Cheese Pizza, Cucumber / Tomato Slices & Fruit <i>Catholic Schools Week Ends</i> <i>*All Students may have cake & Ice cream</i>
2/5	2/6	2/7	2/8	2/9
<u>LUNCH</u> All Beef Hot Dog on a Wheat Roll, Chili W/ Beans, Veggie & Fruit	<u>LUNCH</u> Chicken Nuggets, Rice Pilaf Veggie & Fruit	<u>LUNCH</u> Grilled Cheese Sandwich Chicken Noodle Soup, Goldfish Crackers, Carrot Sticks & Fruit	<u>LUNCH</u> Meatballs & Spaghetti, Tossed Salad & Fruit	<u>LUNCH</u> Cheese French Bread Pizza, Tomato Soup, Goldfish Crackers & Fruit
2/12	2/13	2/14	2/15	2/16
<u>LUNCH</u> Hamburger/Cheeseburger on a whole Wheat Roll, Baked Potato Chips, Dill Pickle & Fruit	<u>LUNCH</u> Popcorn Chicken Baked French Fries, Veggie & Fruit	<u>LUNCH</u> <i>LENT BEGINS</i> Upside Down Day Egg & Cheese on a Bagel, Baby Cake Potatoes & Fruit	<u>LUNCH</u> Cheese Ravoli W/wout Sauce Bread Sticks & Fruit	<u>LUNCH</u> Cheese Pizza, Veggie Egg Rolls, Tossed Salad & Orange Slices
2/19	2/20	2/21	2/22	2/23
NO SCHOOL <u>PRESIDENTS DAY</u>	NO SCHOOL	<u>LUNCH</u> Nachos, Tortilla Chips w/Seasoned Beef, Lettuce, Tomato, Cheese Sauce, Salsa, Sour Cream & Fruit	<u>LUNCH</u> Pasta Rotoni w/wout Sauce, Pasta E. Fagioli, Bread Sticks, Veggie & Fruit	<u>LUNCH</u> Cheese Pizza, Tomato Soup, Goldfish Crackers, Tossed Salad & Fruit
2/26	2/27	2/28	NOTICE	
<u>LUNCH</u> Upside Down Day French Toast Sticks, Sausage Links, Syrup & Fruit	<u>LUNCH</u> Chicken Tenders W/ Gravy, Mashed Potatoes, Veggie & Fruit	<u>LUNCH</u> Tacos, Soft Shells W/Seasoned Beef, Lettuce, Tomato, Cheese Salsa, Sour Cream & Fruit	<i>Hot Dogs will not be served on Ash Wednesday & on Fridays during LENT</i>	

Fresh Milk is available and is payable by separate check.

LUNCH ALTERNATE: #1 Peanut Butter & Jelly, #2 Hot Dog, #3 Grilled Cheese, #4 House Salad